Beloved Master
Revered Babuji Maharaj

Whispers from The Brighter World

Friday, March 23, 2001

Calm yourself, relax. It is your health condition that makes you react this way, and this long confinement that makes you nervously vulnerable. Those around you don't fully realize what your living conditions mean.

Each one understands the situation of the other according to their own reactions. You're doing your level best for everyone, and one cannot, on top of all that, ask you to be a model of serenity! Those who have true feelings for you must try to imagine how much your nervous system suffers. Mediumship costs you a lot of energy, an energy you do not recharge through physical exercise and a normal amount of fresh air.

Don't feel guilty about certain reactions that are a little sharp. Who in your place wouldn't have them! Sometimes I too happened to be nervous, for no good reason. That is how human beings are made – they have their limits and are dependent on a whole organic functioning they cannot truly control.

All of that takes nothing away from the greatness of the spiritual being, who is sheltered from these sorts of storms. This is why you all must control your hasty judgements about one another, about all those who surround you and who are likewise subjected to human turbulence.

Babuji