Beloved Master
Revered Babuji Maharaj

Whispers from The Brighter World

Thursday, February 18, 2016 — 10:00 a.m.

Plunging into the heart of silence brings immense benefit, providing peace and harmony in a world whose effects are so violent and restrictive. It is not always easy to withdraw from this world to taste the delights of deep meditation. This topic, so often addressed in these messages, is always relevant — as evidenced by this message being interrupted three times. Modern life does not leave much time for meditation. The meditation practice we recommend has very favourable effects, particularly on the subtle bodies. Such a practice has this characteristic feature: it contributes to the wellbeing of the human being as a whole.

"The future will bring about substantial changes. We have been talking about them for a very long time, because they have the ability to transform the profound nature of the human being with regard to aspects that are essential for a person's spiritual elevation — a matter that has for so long been very much neglected. In a distant past, highly evolved beings made their mark in this world, leaving traces that are still calling out for answers today, without the real reasons for their existence being truly identified. A day will come when light will be shed on many events from long ago, thereby allowing a real advancement in knowledge. In many respects, all is so slow here below; nothing can be rushed on the material plane. On the spiritual level, freedom is granted to everyone to truly advance by means of a teaching, but much more so through a method whose resulting progress is real. The practice in its entirety is measured by its beneficial action.

"This is how it is; blessings to all."

Babuji Maharaj