Beloved Master
Revered Babuji Maharaj

Whispers from The Brighter World

Monday, January 11, 2016 — 10:00 a.m.

It takes time to understand where the essence of life lies. Sahaj Marg, this way of the heart, makes one aware of the need to advance spiritually in this particular area — namely, the opening of specific points that foster real progress of the subtle being.

In this regard, the work is focused on what is essential. With time, our abhyasis become familiar with certain important rituals capable of opening up wider perspectives. The opening of the heart in these specific points remains the hallmark of this extraordinary spiritual journey. These messages are not trivial. Although they don't provide startling revelations as wished for by some of our aspirants, one's progress is nevertheless supported by the daily reading of these writings, which are bearers of our energies.

"This principle is not yet well understood, but you can rest assured the results are real, as we can testify; a half century of hindsight is more than sufficient to assess its effects. May all become truly aware of this work, which is far more beneficial than it appears. Our dear son Kamlesh will leave a significant mark on this way — one that is capable of adapting to present times and anticipating the needs and requirements of tomorrow. He will foster spectacular growth through new provisions aimed at facilitating the work of each abhyasi and prefect. Sahaj Marg started off modestly and simply, and will one day shine and carry hearts to the highest level. This enthusiasm is not hollow, as that reality is already taking shape in the highest heavens."

Babuji Maharaj