Wednesday, August 11, 1999 - 10:00 a.m.

My daughter, there is a little more time to go before we can resume our contacts, all is not finished. It is imperative to relax; it is the beginning of a new stage, the effects of which will not be visible immediately. The mentalities must change with time; the evolution will be slow, but real. That is the way it goes. Be at peace."

Babuji