Monday, August 9, 1999 - 10:00 a.m.

Do not fear anything, this state is momentary, we will resume as soon as you can. One day, when you are not so tired, you will find time and the desire to reread these messages and you will be able to benefit from the quintessence of it all."

(1:30 p.m., in sitting with François.)

"F. is a good and big servant of the Mission. He does his work well. He knows his place. He goes neither too far nor not far enough. We appreciate him."

Babuji