Monday, August 9, 1999 - 8:00 a.m.

We know that we ask much of you, but we know your qualities of courage and perseverance. We know also what that brings about in your life. As soon as you feel capable, we will resume our usual pace. Make sure you rest, and accept what is in this moment, in all areas. Be patient and confident. If everything had to stop, you would feel an immense vacuum; therefore, make sure that you resume our contacts soon."

Babuji