Friday, August 6, 1999 - 10:00 a.m.

Our messages always address the same issues; how could it be otherwise? We cannot speak about your society, family and professional life; that is not our business. Everything is brought back to your behaviours because they manifest themselves in all situations, which we have just mentioned. Your reactions can be a little different according to whether you are at the office, at home or in a seminar, for example. In this latter case, your best is supposed to express itself and to also let some old samskaras resurface, which you are thus released from.

"Your personality is as one and manifold, like the truth. Your reactions can be sometimes completely different depending on your interlocutor or your frame of mind at the moment. In which frame of mind are you? Several factors determine this, which explains this behaviour. The purpose is to lead you to a state of serenity such that you are affected only very little by the events of life. The great sages in this world tend to perfection; their efforts are geared toward that.

"Start to see yourself in this blessed state, take it as a model. Set yourself this objective; why wouldn't you succeed? What others do, you can do too.

"Become invulnerable, out of reach from wickedness, vice in any form and men's slyness. We want to acquire strong souls like impregnable bastions, fervent hearts turned towards the beautiful and the good, entirely nourished by the celestial manna.

"That is our wish for you who are dear to us."

Babuji