My Beloved Master
Revered Babuji Maharaj

Whispers from The Brighter World

Friday, January 16, 2015 — 10:00 a.m.

Immerse yourself in the heart of silence, where the uncertainties of this world give way to true serenity, one that calms the entire being. This refuge is truly precious; nothing can match it. There, the intellect does not rule, energies are regulated and the heart is happy. These are the benefits of such a meditation. When it is well understood and experienced in a state of surrender to the Master, it bears fruit whose delights leave traces. We can assess their effects over the long term: they transform the abhyasi and the results are visible to us, whereas you may not see them.

"Nothing here is in vain. Having overcome the world of illusion, we are able to clearly see the reality of each person. Over the years, results have been generated whose effects cannot be fully assessed by the living Master. Here, it is different. We are happy to be able to draw up a more than positive assessment of this method. Our dearest Parthasarathi marvels at what he is discovering, which is beyond the reach of an incarnate being however great he may be. The blinders of materiality put a veil on 'true reality' — that which characterises the levels of consciousness where we are.

"May all of you truly realise how much this method can bring, and may you make the choices that are required to reach the goal, that which this method of Sahaj Marg allows one to achieve. Each one of you is carried by our constant action in proportion to your personal commitment. We cannot force anything; we can only meet your personal aspirations and even allow you to surpass them. It is up to each and every one of you to see and seize this unique opportunity to advance. To all of you, the best from our united hearts."

Babuji Maharaj