Thursday, July 22, 1999 - 8:00 a.m.

If we observe you and highlight what must be corrected in your behaviour, we don't mean to play the bogeymen. A Master cares about his aspirants; he wants the best for them. If we do not do so for you, who will? Would you accept it of your family, of your friends? We are not judgemental; there lies the difference. We want to see you growing, divested from your dregs; our objective is very different. To alleviate your burden, to purify you and refine you in all your perceptions—including the ability to feel us by your side—all this constitutes one of the aspects of the spiritual work. We want to make you stronger in the face of tests, more detached from superfluity, this superfluity that can only weigh down your process. We suggest to you positive and constructive attitudes to mould your personality. A spiritual process requires efforts on all the levels. Following a method, even if it is effective, entails also a transformation of your character. It is a desirable whole, an utmost commitment, if you want to achieve the best results. It is a [personal] choice; we cannot do it for you."

Babuji