Tuesday, July 13, 1999 – 10:00 a.m.

Yes, it is by calming the mind that the union with the Master is achieved. We will never insist enough on this aspect. As I mentioned earlier, this union is established through the heart and not mentally.

The Medium: O Babuji, never to leave you, even for one moment, that is my dream.

You have made good progress in that direction; you've done it in leaps and bounds. Your body has been shaken, but that was inevitable. If one ascends a mountain in double time, there is necessarily a rebellion of the physical body.

The Medium: Do with my body and my soul as you see fit; what matters to me is your love.

We take account of your fragility; you are made of crystal and we do not want to break you. We take great care of you, like a baby.

The Medium: Thank you all for these attentions, which touch me deeply.

We act with each one of you according to your nature and your resilience. You all know that we truly want what is good for you.

Who can have as much discernment about your true nature as we do, we who know you so well?

Love us as we love you, and we will be united in this famous 'constant remembrance'; you will succeed. This wave of love that will connect us will do wonders.

Babuji