Beloved Master
Revered Babuji Maharaj

Whispers from The Brighter World

Thursday, October 10, 2013 – 10:00 a.m.

Making the most of every day and not putting off what can be done – this helps to favourably balance one's life. Spiritual practice, in particular, should be followed regularly. It is all the more fruitful when it is done in this manner. Keeping a serene and open heart helps abhyasis cope with life's multiple worries. For many of them, it is not easy to preserve this space in which spirituality has its rightful place. Over time, aspirants become truly aware of what is important to them. They are face to face with themselves, in this situation where they can decide what is right for them. The aspiration of their hearts must guide them and lead them to devote the time that is necessary to bring about the well-being this approach provides.

It is not always easy in everyday life, with all the obligations it entails, to set aside the necessary time for practice. With experience, and when they are sufficiently open to the higher reality, aspirants feel the need to reach this unparalleled state. Nothing else in this incarnation can really compensate for this work on oneself. It enriches and sublimates the whole being, revealing one to oneself. This path, followed in the right spirit, can bring about the best; the results justify this statement. We are pleased to witness that our abhyasis are taking full advantage of what we offer. May they all truly realise it and proceed with determination under our special blessings.

Babuji