My Beloved Master
Revered Babuji Maharaj

Whispers from The Brighter World

Saturday, September 14, 2013 — 10:00 a.m.

Plunge into yourself, in this place of serenity, immutable and safe. These daily pauses are necessary, as they allow the vibration of the subtle bodies to be re-harmonised. This world is very disturbing for human beings, who need this time of meditation in which the best can be achieved. Sages of all faiths refer to it and thus perform an ancient practice dedicated to the Divine.

"Meditation such as we have proposed has a very special action which is not easily assessed, and yet its effects are beneficial. While being engaged in this practice, the heart advances on this divine path where, with each step taken, an obstacle is overcome. Some people are more advanced than others, but all are on the way — that is what is essential and it makes us happy. This way is providing more and more help, and our brothers and sisters realise that regular practice is very promising. Whatever the development of an incarnation with its inevitable uncertainties, it stays on course with regard to the most critical aspect — that of progressing towards the ultimate goal. It has always been so, but being caught up in the turmoil of this so-called modern life, human beings find it very difficult to focus on what is most important to them. They need some degree of common sense and innate wisdom to recognise that what is essential to them lies there. We notice a significant awakening in many young abhyasis; it shows that everything is possible. Master's work strengthens the pure in heart. They will reach the goal."

Babuji Maharaj