Thursday, March 7, 2013 — 10:00 a.m.

Keeping a childlike heart, while having a strong and determined character, constitutes a valuable resource. Life on Earth demands a lot; it is desirable to face up to things as best one can. Organising this existence around material needs, without neglecting that which is important for the evolution of the soul, requires balance and wisdom. It is not always easy to harmonise all of it. The family and its demands, and work that is no less demanding — all this is such that the abhyasi must manage everything without neglecting his personal path, one through which the soul can continue its journey. Attending to everything is commendable. All relevant efforts are recorded. Isn't it the case for everything here below, down to the slightest detail!

"Doing one's best in everything, with the best intentions, is an indication of the openness of the heart and its sensitivity to the inner force that guides it, while leading its steps towards the supreme force. Understanding this in the present incarnation indicates a favourable openness already manifested in previous incarnations. Each incarnation prepares the aspirant, and when he has reached the appropriate level, it strengthens him in his quest. Our faithful abhyasis are souls that have long been committed to this heavenly journey. Each of these incarnations has different possibilities, all of which lead to the same goal: that of spiritual realisation.

"The way is long, but it is so rewarding; different experiences are needed on this level also. The divine ways do not reveal their secrets; the seeker should let himself be guided by the call he perceives deeply within. It is not always easy, given one's country and family background,

to answer this inner call. Being determined to do so indicates one's strength and a real need to follow this path of the heart. Feeling this need is a grace.

"May all be strengthened and helped on the path of spiritual elevation, the ultimate goal of every incarnate being. Blessings to each and every one of our brothers and sisters."

Babuji Maharaj