Thursday, July 15, 1999 - 10:00 a.m.

It was agreed that in this collection we would revert to many aspects addressed already, a kind of final dress rehearsal.

"You have made good progress, and we are happy, although these messages are reserved for a small number of privileged people. We see their impact; to some extent, you serve as guinea pigs ... You are very responsive; it happens that our criticisms put your back up, but good sense regains the upper hand. You are good specimens. The test is conclusive.

"You should have known that the more you refine yourselves, the more you call this subtle energy, which we have just alluded to. It permeates you more and more and releases you from this heavy vibration, which retains you on the ground—a little like a grounded Montgolfier [hot-air balloonist] that had failed to jettison ballast. This refining is achieved not without difficulty, more so for some than for others. Many factors come into play, which are not under the control of your will, except for your perseverance in practice. Be that as it may, always do your best; be surrendered to the divine will.

"The Master knows where you come from and where you are going; trust him entirely. He knows what he is doing with each one of you, otherwise he would not be the Master. Have faith in him, it's my request to you, and I give you my blessings."

Babuji