Tuesday, July 13, 1999 - 10:00 a.m.

Yes, it is by calming your mind that the union with the Master is achieved. We will never insist enough on this aspect. As I have mentioned above, this union is established through the heart and not mentally."

The Medium: "O Babuji, to never leave you, even only for one moment, such is my dream."

"You have made good progress in that direction; you have made giant strides in that. This has resulted in your body being shaken, but that was inevitable. If one ascends a mountain in double-quick time, this necessarily results in the rebellion of the physical body."

The Medium: "Use my body and my soul as you see fit; what matters to me is your love."

"We take account of your frailty; you are made of crystal and we do not want to break you. We take great care of you, like a tiny baby."

The Medium: "I thank you all for these attentions which touch me deeply."

"We act with each one of you according to your nature and your resilience. You know that we truly want your good. Who can have as much discernment about your true nature as we, who know you so well? Love us as we love you and

we will be united in this famous 'constant remembrance'; you will manage it. This wave of love which will connect you to us will do wonders."

Babuji