Beloved Master
Revered Babuji Maharaj

Whispers from The Brighter World

Tuesday, July 13, 1999 – 8:00 a.m.

In order to establish a true heart-to-heart, a door of communication must be able to open between us in the moment.
The mind must be able to calm down on demand and leave room for the contact we are establishing.

The Medium: Is it that you are in me, or I in you? How does it happen? Is it a vibratory exchange?

It is much more subtle than that; you perceive it, that's enough. Explanations would not enlighten you much. Let us remain in the simplicity of these contacts, which currently give us satisfaction. All the great principles, you have time to discover them.

Live the present moment, be content with that. Constant remembrance, so misunderstood, is not what you all imagine – that is to say, to think constantly of the Master. It is to be in complete union with him, through the heart, in utmost confidence and total surrender.

This is what constant remembrance is – your heart united with ours, come what may; this doesn't happen in the head as some abhyasis still believe, quite the contrary. It is a letting go and a total union, not controlled by the mind. The opening of the heart settles all misunderstandings, it is an important part of your approach. Willpower contributes to diligent and rigorous practice, but all the rest is accomplished in the mysterious meanders of this heart that we never cease talking about.

We give you the key to open the secret door to the place where the treasure is.
'Seek and you will find.'

Babuji