Friday, July 2, 1999 - 8:00 a.m.

Two noble souls are on their way towards you. They will have to travel a lot to fulfil their double mission, both spiritual and humanitarian. They will succeed, we see them at work in their current life; they are not listless.

"The second collection [of messages] is finished and its contents must enlighten you and suffuse you for some time, conducive to dilating your soul. Such things can be said only to a restricted number of you, fed with previous messages. Even what seems insignificant to you resonates inside you. If you keep them as a precious good, a blessing, with the passing of years, this spiritual food will imbue very deeply each fibre of your being. What you do not accept today, you will understand tomorrow.

"You should consider yourselves as privileged people, benefiting from a teaching of this kind, thanks to these special contacts; they are nowhere near being accepted by all. By detaching yourself from useless aspects, from superfluous things, by diverting yourself from the harshness of certain images, of sounds increasingly louder in terms of decibels, your perceptions will be refined—even without being a medium, you will receive us better—without forgetting the main thing: an unremitting practice and a heart completely open to love."

Babuji