Monday, June 21, 1999 - 10:00 a.m.

My dear daughter, I understand you. I went through periods of discouragement and weariness. I wanted only one thing: to lie on the bare ground and wake up no more. I wanted so much to rejoin my Master. I was making desperate efforts to continue to serve him so that he was pleased with me. I pushed myself to the limit of my strength.

"We only wish for your own good; it is right, you should take some time to rest. It is necessary for your balance given what you have been enduring for years. Take a break; it is normal. Our heart to heart will continue even if your role as a scribe is temporarily interrupted.

"Don't feel guilty; there are limits not to be exceeded. With these two collections, there is enough to read for the moment.

"We are with you, as always; calm down.

"We bless you."

Babuji