Beloved Master
Revered Babuji Maharaj

Whispers from The Brighter World

Saturday, June 19, 1999 – 10:00 a.m.

In the years to come, some very big countries will discover the benefits of Sahaj Marg. It is such a simple and effective method of spiritual training.

It is not easy for you people to assess your progress, some feel it and others don't. They do not know where they stand and that worries them.

The Medium: Babuji, you said to me one day, "the objective is not to feel, but to be".

Yes, it is true. The inner being has its own mysteries, which are not necessarily perceptible in the way you would wish to perceive them.

If you observe yourselves well, the heartfelt feeling is different, the inner joy is sometimes perceptible.

What happens during meditations and sittings is sometimes very strong; these moments speak for themselves.

If your progress is not measurable the way you would like it to be, do not doubt; you are advancing!

Keep this truth in mind. Listen more to the inner Master. Be more closely united with him, he will inform you. Otherwise the whispers of your inner self will remain inaudible if you let yourselves be dominated by your senses.

Seize each moment of peace to withdraw yourselves inside and thus obtain, with some practice, the information you wish to have.

Your spiritual heart will not remain deaf to your requests.

You do not really submit enough requests to it, this is the reason for what some consider a lack of results. They are discouraged, believing that they are not making progress.

Babuji