# Read With Your Heart

Whispers from The Brighter World

A Second Revelation

Monday, February 2, 2009

Satkhol

You are all familiar with the messages that were published a couple of years ago, under the title Whispers from the Brighter World - mainly messages from Babuji Maharaj, but also containing messages from Lalaji Sahib and some other highly spiritualized entities. And we have also been putting them on the Web, one message every day. I hope you have all been reading them, because Babuji Maharaj himself says, "Good things must be repeated. Need to be repeated." And one wonder behind those messages is that as you read them again and again and again, the meaning goes deeper and deeper. It has been my own experience, which I cannot quantify as the seventh reading or eighth reading, that as I went on reading them, even the reading itself seemed to open up spiritual conditions within me. I recommend that you read volume one continuously.

I am happy to announce that we hope to release the second volume on the 30th of April, the birth anniversary of my Master, Babuji Maharaj. It will be titled "A Second Revelation".

It will be followed-much to my joy and surprise-by two more volumes, at least. One volume, that is the second volume now on 30th April 2009, a third volume, 30th April 2010 and a fourth volume, I hope on the 30th April 2011, closing with the last message of 31st December 2010.

There is a wealth of meaning in these messages. It is as if you are digging for gold! You go on digging and more and more gold comes. You know that in the gold mines there are only seams of gold. This is a gold mine which is nothing but gold. If we all live long enough, and if the possibility of accessing those messages

*continues to exist, I don't see why these messages should not continue into the future, indefinitely.*

*One cannot say which message is more important, and which is the most! They are all very important. I am myself quite amazed when I read the messages of volume two. I have been reading them as they come to me. They are profound in their implications for our spiritual evolution. Again and again Babuji Maharaj emphasizes the fact that Sahaj Marg does not ask you for your life's earnings, or to give up your family and go into the jungle. It is a very simple method: meditation in the morning, cleaning in the evening, prayer at night. No major sacrifices are required. Only to live a good life, in the right way, the only stipulation being obedience to the Master's wishes; and that again is only for our benefit.*

*We obey to benefit. Unlike in public life, in human life, in our day-to-day life, we obey for somebody else's benefit. In spirituality, we obey for our own benefit. You obey; you benefit. You don't obey; you don't benefit. In obedience there can be no questions: "Why have I to obey?" If you ask such a question, it would probably need several lives more to be taken before you understand why you have to obey. In obedience there is no 'why'. There is no search for logic. There is no demand for your question to ask: "Why should this be obeyed?" or "Why this order should be obeyed? Why does the Master have to tell me and not somebody else? Why does he ask me, and not someone else, to obey?" No questions. Totally unquestioning obedience is the only requirement of this spiritual way that I know. The moment you start asking questions, it is implicit that you are questioning the wisdom of your Master, the intentions of your Master and his existence itself- never done, except at the peril of your own evolution.*

*Babuji has emphasized, again and again, that this journey from here to there, the infinite, can be, in terms of time, in a second or it can take an eternity of time-coming again and again and again, you know. He used to tell us that if you put steel into boiling water expecting it to melt or cook, you could boil steel for an eternity of time, but nothing will happen to the steel.*

*All our preparation as human beings is to prepare ourselves, to face Him with the heart open and find ourselves not there-missing. We are not dead because there is no death in the spiritual life. As Babuji said, "There is no death." In fact, if you look at it spiritually, from the point of view of the soul, we, here on earth as human beings, are in a dead condition; we are mortal; we are alive in the flesh. If we had the wisdom to look at ourselves from the spiritual point of view, we would be weeping eternally, "What have I got into?" And people would say, "Look around you! See how much happiness there is, how much there is to be enjoyed, how much pleasure there is, how much wealth to be acquired." And then you would have to weep not only for yourself but for them too.*

*So you see, spirituality is perhaps-why perhaps-is certainly a curse for those who are here because they don't want to give up the joys of this existence. They say, "What spirituality? What is the hurry? Let me live while life is there, while I am young, while I have the power to enjoy it. Let me do it. We will come to spirituality when we are old." Babuji said, "Don't put off till tomorrow, what can be done today," because if you have no strength, no will power, no ability to enjoy anything in life, and you want to enjoy spirituality, that too will not be possible for you.*

*Start young. Do it when you have the energy to do what has to be done. If a man cannot even sit up in bed, and is lying down twenty-four hours, and he has to be helped in every possible way to continue living physically, how does he expect to meditate? How does he expect to sit up and do the cleaning? What are the maxims that he will remember even to obey? So if we put it off, we put it off at our peril.*

*These messages re-emphasize-in fact you know they try to drum them into us in a very gentle Babuji-ish language, being his own language-they emphasize again and again: My dear ones, what I ask of you is nothing. Literally nothing! Sit with your eyes closed comfortably. Imagine divine light in your heart. Meditate for an hour or at least for half an hour. Do the cleaning in the evening. No effort*

*at all is needed! No barbells. No dumb bells. Nothing to walk on, tread mills. And at night a simple prayer, remembering what Babuji said, "Prayer must not be begging." All religious prayer is begging. In spirituality, a prayer, as our prayer is, is a statement of fact. This I am; that you are. Between you and me is a whole universe. Please make it possible for me to bridge this gap. And for this, your help is essential. It is a statement; it is a request. We pray not only for ourselves, but also for everybody else, all over the world. There are no differences, there are no races, there are no religions. There are only human beings. As human beings, we pray for everybody else.*

*We have reiterated time and again, in our assemblies, in our satsanghs, that these important messages are there, given by HIM in His own beautiful, simple language. All requesting, not ordering. It is strange, that we don't want to obey a Master who never orders, because we are too much in the tradition of being ordered around by gods, by gurus, by commanders, by captains, by governments. We are too much used to the twin instruments of religion-fear and temptation-so that we come to Sahaj Marg with suspicion based on centuries of bad experience given to us by our culture, by our tradition, by our religion. Obey, and get; don't obey, and suffer.*

*So you see, our traditions of centuries, of ages, where most of them are all in the form of do, do, do without explaining why, has made us slaves; unfortunately letting us imagine that we are masters. Why do we think we are masters? "Oh, because I can disobey. If I obey, I am a slave. If I disobey, I must be not a slave. If I am not a slave, I must be a master." Thus runs the stupid human logic, especially with the intellectuals, of the well educated, of the powerful, of the rich. I have heard people say, "I can employ people to do everything for me. Why should I do this? Why should I do that? I, who command, should I obey? I, who command, if I obey, what will others think of me? That I am not the supremo that they thought I was." You see in what all miserable ways our minds, our intellects, our logic they lead us! We are trained to be arrogant, proud, selfish.*

*I beg to say that a mere reading of these messages will remove most of our samskaras, provided you are sincere and are reading to benefit. You know you can read anything and criticize. It is easy to criticize especially if you are unwise, because then you have more to criticize, because you know nothing. So those who criticize without reading, without understanding, without any desire for self-improvement, without any intention of carrying out what is written, they are the greatest critics. "No, no, this is all rubbish. No, no, this has been said over and over again." Yes, you have been drinking milk every day. You have been earning money every day. You have been miserable every day-even the best, most happy ones. What have you learnt from your own life? Why don't you learn something from a life that we claim to have been the highest?*

*So I would take this opportunity of begging all of you to read these messages again and again. Read them with an open heart so that the meaning goes into you, directly into the heart without going through the brain. We have to bypass the brain. If you are going to be a spiritual person, seriously interested in your evolution, anything that you subject to your brain for evaluation will only doom you to further slavery. I hope you will take this last warning of mine to heart-put away your head completely. Read with your heart. "No, no, how can I read with my heart?" Try it and you will be amazed at what the heart can find, which your brain never told you exists.*

*I pray for you all. Thank you.*

*P. Rajagopalachari*