Beloved Master
Revered Babuji Maharaj

Whispers from The Brighter World

A Fifth Revelation

Thursday, March 10, 2005 – 10:00 a.m.

Your refuge is intact; it is beyond the turbulences of this world, as you can see once more. Regain your serenity; it is essential for this contact. Each time you must follow this way, bringing you to us in more serene places. The hustle and bustle of the world harms human beings, who then forget their true values and let themselves be taken in by the futilities of the world.

"Only calmness and interiorisation make it possible to stand back and to consider events in their true light. Now you are focused in the heart of silence; there, all the rest seems vain. Let our redeeming energy run through you. It is beneficial and appeases your heart. The call of your heart is constant, and it is uncomfortable with negative energies that disrupt any equilibrium.

"To put things into perspective in all circumstances is the instinctive attitude of the wise. This attitude is acquired over time when it is not innate. The practice of meditation helps in this work on oneself; today's human needs it more than ever. Our scrupulous abhyasis are advancing in this direction, towards mastering inopportune reactions harming their equilibrium.

"Being able to protect oneself from the external world allows one to progress in the way. We emphasise this point since the sight of the world, as we see it, is distressing.

"May all our brothers strive to keep a satisfactory balance necessary for their physical and mental health, as well as their evolution, by drawing from the source of our way, whose richness they do not assess well!



"May all be blessed and enlightened in this time of darkness; this is our conclusion."

Babuji

