Wednesday, December 8, 2004 - 10:00 AM

Your heart is constantly calling, my child: that is 'constant remembrance,' which is so badly understood in our way. The longest speeches cannot explain it; it is about personal inner attitude acquired through certain regularity in one's practice as well as a condition fostering the constant expression of love generated by the inner being escaping the control of the mind.

"Who can curb this propensity to love one's Master, to maintain in oneself this burning and pure fire dedicated not to man but to the divine Being which it carries. This kind of osmosis between Master and disciple can take place only in complete surrender, allowing the soul to show one's worth in this song of love.

"Reason cannot interfere in this matter; it plays no role in it and its interventions are ineffective. To love God, to love one's Master, the guide chosen to lead one to Him, isn't that the most beautiful human adventure, when it elevates the being towards his highest destiny!

"That is what our faithful abhyasis understood. They felt growing in them the need to cultivate this kind of love, unequalled in this world and leading them to spaces of beauty and inner joy.

"Our books are not read enough. These messages are given so that in small doses, through a regular reading of one or more messages, the Sahaj Marg spirit can touch their hearts and remain within them, as generous sentinels helping them to let the victorious love blossom and develop in the heart."

Babuji