Tuesday, May 25, 1999 - 8:00 a.m.

You must lead your daily life normally. In addition, you must be in constant communion with us. You know it already, but you are not sufficiently aware of it. You should realize that you are remotely guided as you have so often besought.

"Do not let yourself be disturbed by events or opinions, which are not worth taking into account. You are no longer in that category. In all circumstances, you must instinctively—like in our contacts—interiorize yourself for a moment to receive what we have to tell you.

"Do not let yourself be influenced by what comes from outside; cope with the main aspects of the material life as well as possible. Detach yourself more and more from any aspect of your life not related to us. You will find what you have to experience less heavy."

The Medium: "Babuji, I would need a factotum whom I can entirely rely on."

"For the moment, the system in place is satisfactory. When it is necessary to do more, we will do as may be required. Accept the day as it comes and be thankful for being able to serve in spite of your limitations. Don't be worried about tomorrow. Appreciate the good things you receive. You are surrounded, helped, and we love you; so what more can you ask for, for the moment? Tomorrow will be another day. May your heart be at peace!"

Babuji