Thursday, May 20, 1999 - 10:00 a.m.

Let yourself be carried. Forget your body for a while; it has been resisting like a good soldier for a long time. It has an exacerbated sensitivity that increases tenfold what you are feeling: this is peculiar to great mediums. Relax; the others see only the good side of the things, there is another side to the coin. My dear daughter, we surround you with our love and we bless you."

Babuji