Monday, May 10, 1999 – 8:00 a.m.

The summit to surmount is in you,
Outside you, there are only illusory mountains.
Don't burn your wings on the flank of the mountain,
the one raised by humans.
The summit to surmount is in you,
Outside you, there are only illusory mountains.

– Oria

All is said in this poem.

So many pathways, detours, and vain climbs do we take before finding the right approach, the right direction to go in.

From life to life, we wander without any real goal, until the day when the soul wakes up and starts to truly seek.

Outside ourselves, indeed, there are only illusory mountains.

This summit to be surmounted, how much effort does it take? The true blessing is to have the 'right Guide' and to arm oneself with courage.

Does one really want to reach the summit? That is the question.

A high-level Master and the aspirant's determination, that is the right formula. The foundations of this work having been laid, it remains to act and advance step by step with faith.

We can help you all in this climb, patiently, while taking into account your weaknesses, as does a high mountain guide.

Perseverance and total trust are indispensable. Inevitably the summit will be reached – when the trajectory is good, it cannot be otherwise.

Keep in mind this image. See yourselves trying to scale a high mountain. Don't keep looking at the summit, you would get discouraged. Move ahead patiently without ever doubting the attainment of the goal.

Babuji