Beloved Master
Revered Babuji Maharaj

Whispers from The Brighter World

A Fourth Revelation

Sunday, November 23, 2003 - 10:00 a.m.

On this day, a bit special when your heart is happy, it can only attract grace. It is as if it was preparing for a festival, accommodating all the love of the world with a profound feeling of recognition and surrender. This inner state is to be cultivated: it is the best way to guarantee a well understood sadhana. Doing a short meditation in this frame of mind is more profitable than a rather long time spent being assailed by undesirable thoughts.

"A positive attitude vis-à-vis meditation should be developed. Nothing should be neglected to obtain the best result. It must be a moment of pure happiness and exaltation for a fervent heart. These conditions are favourable for him and contribute to his development. A long journey leads to this result, this feeling of inner peace, of immutable joy in Master's confidence and love.

"All is simple in a spiritual process. By advancing with simplicity, all gets clarified and only essential aspects matter. Each one can experience this profound peace generated by peace of mind, when troublesome material worries have been replaced by this pure moment of devotion and meditation.

"To develop this attitude so that it becomes second nature is equivalent to taking a new step towards understanding the spiritual practice. From step to step, all is clarified for the researcher. He knows where his priorities lie, he has tried out many ways of being and of approaching sadhana, and finally, having acquired wisdom, it is through the simplest way that he can access his own truth."

Babuji