Wednesday, November 12, 2003 - 10:00 AM

Do not care about your dreams, my child; they are mere gadgets, impressions emanating from the night world, like rags of clouds clinging to the landscape in an attempt to resemble them. They are generally badly interpreted by men, especially in the West. Go ahead with the discoveries you have the opportunity to make in yourself—there is the secret. You know it and you need nobody to help you decode the essential aspects, which your spiritual search reveals to you. All the rest feeds make-believe. It is superfluous for a true mystic in search of the pure truth. It is by divesting himself of useless aspects that he advances on ways suitable for his aspirations. He only sees the peak to be reached, and the more he advances the more the rest seem illusory to him.

"The way is long and his constant efforts require all his attention. He finds his comfort in himself, in the joy of the heart, that which cannot disappoint him since it does not vary. It is there within him, faithful and ready to confirm to him that he is following the right way. This joy carries him away; it is the nobility of a fervent heart, only targeting the goal to be reached and making sure not to be diverted from its objective by the temptation of satisfying a dabbling mind. Relaxation and distractions are not prohibited; they allow man to find a right balance between the difficulties encountered in the material life and the richness of a well-regulated spiritual life.

"Each one of our brothers is advancing in his own way. They are searching outside for keys, when they are there inside them. We provide them with the necessary elements for this research. There is no miracle solution, neither in methods flourishing more or less everywhere in the world, nor in a literature teeming with more or less whimsical predictions. Only work and personal development will lead them towards the goal."

Babuji