Sunday, May 2, 1999 – 10:00 a.m.

The Medium: Thank you, beloved Masters, for what you do for us and for humanity.

What we do is the labour of the 'Great Work'. We became incarnate for that. We do not work for ourselves, but for the glory of the Almighty.

We are caught up in this great project, in this force which lifts us and literally transports us.

That cannot be described. It is thrilling to realize on Earth what is expected of us. This power in us gives us wings.

To serve, serve unceasingly, such is our raison d'être.

We are caught up in this gear-like movement and we let ourselves be carried along, grateful for having been chosen. Can one have a more beautiful destiny?

A lifetime is short, one should not waste time. This is why I often tell you all, live each day, each moment, as if it were the most important of your life.

You will never be able either to go back to it or to rectify anything, except to see your mistakes and correct yourselves accordingly.

Try to do more and better. You will let yourselves be taken up in this game and it will bear its fruit.

I do not promise you an easy life, free of tests and sufferings of any sort, but simply a rewarding life in which you will be able to rejoice; this is already a lot.

Meditate on this.

Babuji