Beloved Master
Revered Babuji Maharaj

Whispers from The Brighter World
A Third Revelation

Thursday, August 29, 2002 - 10:00 a.m.

Learn how to meditate correctly and deeply, if such is not yet your case. It is the base of your process. It is not a mechanical act whereby you sit down and close your eyes while letting your thoughts wander; such cannot be expected to yield results. It is necessary to put your heart into it a little more, as well as your attention. With time and regular practice, the meditation becomes what it must be: an island of peace and divine communion where the soul can appear in all its beauty."

Babuji