Beloved Master
Revered Babuji Maharaj

Whispers from The Brighter World
A Third Revelation

Tuesday, July 16, 2002 - 10:00 a.m.



editating correctly is an art that requires work. It is not always easy to empty one's mind. On certain days the thoughts are disturbing; it is advisable to discipline them. Deep meditation brings about serenity and relief capable of showing life from a different perspective, and brings you to control impulses that are not favourable to the development of spiritual life. Practice necessarily leads to keeping a check on oneself more thoroughly, and to being in a state of systematic vigilance. Progress stems from a whole set of attitudes and one's compliance with the rules. The behaviour will become natural with time; then it will be possible to assess the results obtained through this work."

Babuji