Monday, June 17, 2002 - 8:30 a.m.

Let your heart rejoice, my child; all is not so bad since we can establish this contact. Is it not wonderful to be able to link up like this every day, and to let your heart glide in this special vibration? These messages are imbued with it; each one of our readers, according to their frame of mind, will be able to feel it. One can very easily access us through the heart. This is the shortest way to reach ours. These messages show it: all is simple in spirituality. The great theories are not superfluous; they satisfy people enamoured of rhetoric, but their true search will have to go beyond this stage and leave aside erudite ideas. To become again like small children: there lies the secret. A great spiritual Master has already alluded to it, just like others before him, preaching the simplicity of heart and the most direct way, the most pared-down: love, and only love, is capable of showing the way. May you stride forward in the way of spareness and utmost confidence in your Master."

Babuji