Sunday, April 11, 1999 - 10:00 a.m.

Sahaj Marg can mean also 'the way of the wise men'; wise enough to join it and become wiser. One day perhaps you will understand how lucky you are to have reached this gate. That is not a matter of chance, your destiny had so decided.

"What do you become beyond this gate? It all depends on your inner attitude. You know that ours is a way of freedom. We do not impose any constraint on you, apart from the personal work that you carry out at your convenience. Advancing in a spiritual work does not entail being locked up in fetters. Your sadhana must lead you toward blooming on all levels. This is important; there is no external pressure. It is you who decide about your active contribution or otherwise. While practising, you must feel happy for our greater joy.

"Don't forget that we, your Masters, are only as one. We are three entities, both distinct and being as One at the divine level. This is again an aspect of the fusion, which it is not easy to understand. We are, to some extent, a three-headed body; this concept is fundamental. Whatever your receptivity on this subject, advancing is the most important aspect. We are only trying to make you foresee a certain reality.

"Imagine yourself, merged in us, being as one heart beating to the rhythm of the universe. That's all for today, my child."

Babuji