Saturday, September 29, 2001 - 10:00 a.m.

Humans who have reached a very high spiritual level do not escape either the fears or pangs that can seize them in certain circumstances – just like any other mortal here below. Anxiety can paralyze the strongest being, the one best equipped to face the tragedy. This is one of the many states he must go through. All the facets of human fragility will manifest themselves sooner or later, and man must learn how to face them.

"A Master with a high level of realisation is spared nothing; thus he can understand human weaknesses and better help his brothers. Immersing oneself voluntarily in the suffering prevailing in this world requires a very special greatness of soul, given that he will have to undergo the same laws that apply to all. Venerate these higher beings who do not shrink from these sacrifices and who come back full of love to help humanity. Their greatness is touching; they can only kindle love in pure hearts, but they also suffer setbacks on account of these good sides, as they undergo the evil which some perverse people cannot repress."

Babuji