Sunday, January 10, 1999 - 10:00 a.m.

Come and join us; rejuvenate yourself. We are happy to see you put up with the physical ailments affecting your body."

The Medium: "Forgive me, Babuji, for still reacting to certain remarks."

"We understand... Your health problems, and your channelling weaken you. You have to reconcile both. You are managing well; you are our preferred channel. Are you pleased with this? We wish you the best, even if this is not easy to put up with. But as I told you, our assessments and our views are certainly not yours. You will understand when you rejoin us. Our universes are completely different. You will have to discover other values, a really new world for you. We are preparing you as well as possible to make your transition easier and your adaptation faster. But you still yet have a lot to do here below, in this sad world that grieves us. Continue to light the way for the souls that are ready and actually willing to listen to you. Words can be powerful if they are properly used. You help a lot of people around you. Your influence and your forceful comments, in certain circumstances, are effective. It is true that humans need to be shaken up sometimes. Do as best you can, my child, with respect to all and especially to your problems. Don't lose heart; we support you as far as we can. You know how much we love you and follow you in every aspect of your life. Time on Earth is short; assume it as best you can. Thank Anne-Marie for the mail.

"Blessings to both."

Babuji