Beloved Master
Revered Babuji Maharaj

Whispers from The Brighter World
A Fourth Revelation

Friday, March 23, 2001 - 10:00 a.m.

Calm down, relax. It is your health which makes you react like that, and this long confinement which contributes to your nervous vulnerability. Your circle does not realise well what your living conditions mean.

"Everyone understands the situation of one another according to their own reactions. You are doing your level best for everyone, and you should not furthermore be expected to be a model of serenity. They who have true feelings for you must try to imagine how much your nervous system suffers. Channeling costs you a lot of energy and you do not replenish your energy through physical exercise and normal ventilation.

"Do not feel guilty for certain sharp reactions. Who would react differently in your place? Sometimes I happened to be nervous, without good reason. That is how the human being is made: he has his own limitations, and he is dependent on an organic functioning that is not actually under his control.

"All that does not take away from the greatness of the spiritual being, which is immune to these sorts of storms. This is why you must control your hasty judgements on one another, on all those who surround you and who are likewise subjected to circumstances of human turbulence."

Babuji