Sunday, October 18, 1998 – 10:00 a.m.

Your problem is not easy to solve. We are trying to find a solution to help you. Don't lose heart. Meditate.

The Medium: So when one is liberated, they continue to suffer so much?

Liberation is not the end of the road.

The Medium: O Babuji, I can't take it anymore!

I thought you wanted to go as far ahead as possible in this life. We put a balm on your heart, my child, to help you endure.

The Medium: I would like so much to be able to go out again...

When you have taken stock of your confinement, you will see how positive it is. Remember what I told J-Michel. Our views are not your views. Humans are like ants that move forward blindly, yet their path is all laid out, and if they deviate from it they are completely disorientated. Make the most of this period of your life. Thank God for all you receive and for having been chosen to serve Him. Realize how lucky you are; your life could have been dull and devoid of interest, and yet you are our 'girl scout'. (Laughter) Look only at your heart; there you will see nothing but beauty, since God has bestowed it.

The Medium: I won't be able to read this message to the others!

Let at least Françoise enjoy it. Blessings to you both.

Babuji